**PCS DISCHARGE SUMMARY**

Therapy Time: 30min CPT 90833

E/M Time: 15min

**DISCHARGE SUMMARY:**

-Admit Date:

-Discharge Date:

-Individuals Present at Discharge Meeting:

**IDENTIFYING DATA:**

MILITARY INFO:

Branch:

Rank:

MOS:

ETS:

HDS:

Command:

Previous Deployments:

Administrative Action:

Profile:

Patient Contact #:

**SUBJECTIVE (S)**

**INTAKE CC:**

**INTAKE HPI:**

**INTERVAL HISTORY AND TREATMENT COURSE:**

**Medication Reconciliation:**

Current Medications:

Compliant with Medications:

Reported Side Effects:

Allergies:

Previous Medication Trials:

**Substance use:**

OBJECTIVE (O)

Vital Signs:

Mental Status Exam:

Labs

**ASSESSMENT (A)**

Interpretation:

BIOPSYCHOSOCIAL:

**DIAGNOSIS:**

**SUICIDE RISK ASSESSMENT:**

**Risk Assessment:**

**Crisis plan:**

**PLAN (P)**

-Discharge from PCS to

-Continue medications as outlined below.

-Referrals:

-Interdisciplinary Care/Collaboration: Yes, plan discussed with patient’s therapist, recreational therapist, art therapist, outpatient providers

-Follow up:

-Safety and crisis planning discussed with patient, no acute safety concerns at this time.

**Medication Management Plan:** Medications reconciled and patient is taking medications as prescribed. Patient consented to medications. Discussed r/b/se/a. Discussed drug-drug interactions, effect of alcohol on medications, counseled regarding possible sedating effects of medications and dangers of operating heavy machinery with medications.

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**Treatment Progress Plan:** Measurable objective goals documented below and patient *did or did not meet these goals*; include areas you noted to have improved and what goals patient will continue to work towards.

-Decrease intake PHQ9 score to <4 (subclinical levels) by time of discharge from PCS. (Goal met.)

-Decrease intake GAD7 score to <5 (subclinical levels) by time of discharge from PCS. (Goal met.)

-Decrease intake PCL5 score to <30 (subclinical levels) by time of discharge from PCS. (Goal met.)

**Fitness for Duty Assessment:**

-FFD (IAW AR 40-501, chapter 3, sections 31-37): NOT FIT FOR DUTY.

-Sensitive Duties: Yes/No

-Profile: Yes/No; include when Profile/LIMDU will expire

-Unit notification: Yes/No

LT/CPT John Bowlby, MD/DO, PGY1/2/3/4

Seen with / Discussed with Attending Provider MAJ Kathleen Young, DNP PMHNP-BC.