**Chapter 11- Psych 1:1 Sitter Guidelines**

**Appropriate indications for a psych 1:1 sitter**

-Acute suicide risk

**What to do once you determine a patient needs a psych 1:1 sitter:**

1. Put order for psych 1:1 sitter in Essentris using a treatment order
2. Call the Behavioral Health Response Team (BHRT) **202-415-7967** IMMEDIATELY to request psych sitter and ask for their ETA. The BHRT is an on call psych tech/medic who covers emergency psych needs. Therefore, you are waking someone up (if at night) who will then need to drive to WRNMMC. The service will need to provide a medical 1:1 until they arrive.
3. Inform the attending and nurse on the service your patient is on (ED, IM, MICU) that the patient needs a 1:1 psych sitter, the indication, and inform them that you have called the BHRT and give them an ETA