LIMDU

1. Log into WRB Relias Health (formerly Swankhealth) at <https://wrb.reliashealth.com>

2. In the “Search” menu, Select Title and type “LIMDU” in the search criteria.

3. Select and Enroll in:

LIMDU SMART Provider Training Module- Signature Authority: NMETC-16-LIMDU PRO Sign-1.0

* This is a 13 minute video, that covers all the basics
* Post-Test is attesting you watched the video

4. Email Mrs. Beverly Mitchell the following information:

(1) Full Name

(2) DOD ID

(3) Email

Inform her you have completed the training on Relias Health. She will give access to the LIMDU system.

Beverly.H.Mitchell.ctr@mail.mil . O: 301-400-0236.

5. Log onto LIMDU at: <https://edq.med.navy.mil/LIMDU>

- Use your email certificate on your CAC. NOT YOUR NORMAL CERT.

- There is a user guide available within in the online LIMDU system.

E-PROFILE/Medical Readiness Health Care Portal

1. Log into Joint Knowledge Online (JKO) at:

<https://jkodirect.jten.mil/Atlas2/page/desktop/DesktopHome.jsf>

2. Search for the Medical Readiness Healthcare Portal Training (Course number DHA-US298)

- Select “DHA” for the Prefix and type “298” into the Course Number and search

 - This took me about two hours to complete and I had to break it up into 3 sessions.

3. Request access to the Medical Readiness Health Care Portal via the MODS User Management website at:

 <https://authentication.mods.army.mil/MCP/Home/Login?ReturnUrl=%2fMCP>

- This is on Page 8 of user guide.

- Select the Medical Readiness Health Care Portal for Program Selection. NOT E-PROFILE

- Select Provider-Physician for user Role Selection

- Add comment about your duties for Access Reason

- Under Role Property Assignment Selection: Click Active Duty-> RHC ATLANTIC (RHCA)-> Bethesda-PDMIS

3. Request access to the system from Mr. Donnie Nieves. Email him your:

 (1) Full Name

(2) DOD ID

(3) Email

 Donnie.nieves.ctr@mail.mil Office: 301-295-2666